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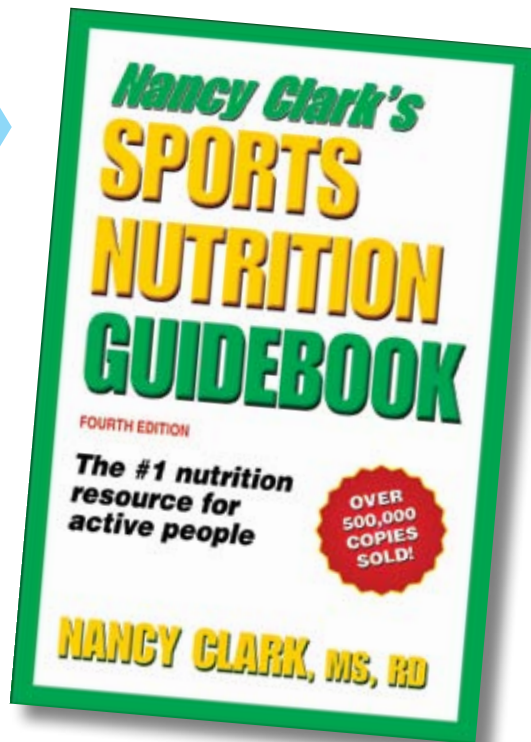
By Nancy Clark

Boost your energy, manage stress, build muscle, lose fat, and improve your performance with the all-time best-selling sports nutrition guide! Nancy Clark's Sports Nutrition Guidebook will help you make the right food choices in grocery stores, restaurants, drive-throughs, and your own kitchen. If you're seeking advice on losing weight, getting energized to exercise, or improving your health and performance, Nancy Clark's Sports Nutrition Guidebook has the answers you can trust. Connect with Nancy on her HK Author Blog page for even more advice!

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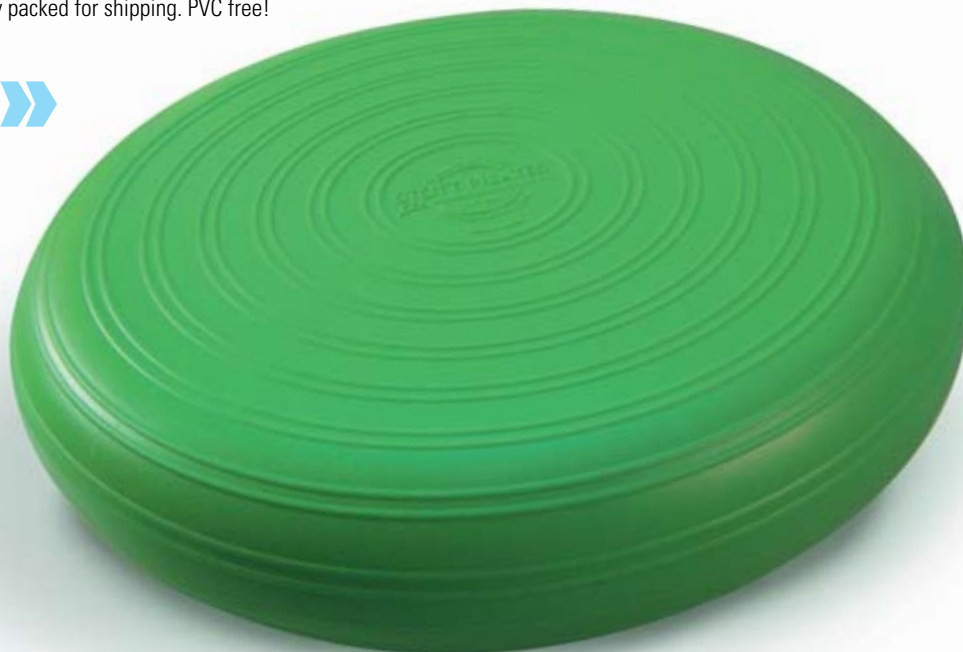
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